



Our team of experienced health care professionals will provide an array of services covering all your geriatric care needs.

We are available to you **24 hours a day 7 days a week** at home, in a seniors residence, or in hospital.



*Complete Care*  
COORDINATION

Telephone: 514-697-CARE (2273)

Toll Free: 1-877-636-5581

Website: [www.completecare.ca](http://www.completecare.ca)

Email: [info@completecare.ca](mailto:info@completecare.ca)

At *Complete Care*  
Coordination we believe:

- You are a **person** first and a patient second.
- The smallest detail is often of the greatest importance.
- Privacy and confidentiality must be respected and protected.
- Reduced physical, mental or emotional capability does not diminish your value as a person.

*Dee Davidson RN, Founder*

*Specializing in geriatric nursing since 1990*



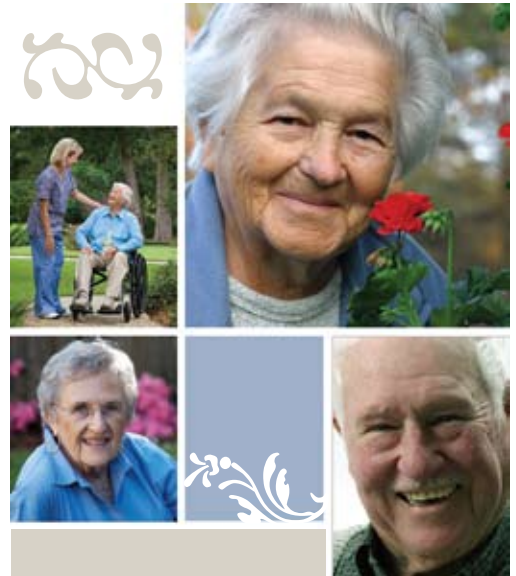
**Call for your Introductory Telephone Consultation.**

**514-697-CARE (2273)**



*Complete Care*  
COORDINATION

*Geriatric Services  
& Resources*



*Bringing Quality Care  
to Montreal Seniors*

*Where Experience plus  
Dedication Equals Excellence*



## HOUSE & HOME CARE

Light Housekeeping  
Laundry / Ironing  
Grocery Shopping  
Meal Planning & Preparation  
Pet & Plant Care  
Purchase Clothing  
Order Safety Equipment  
Arrange for House Repairs  
Facilitate Move to Seniors Residence  
Pack your Belongings  
Organize Estate / Garage Sales



## NURSING & PHYSICAL CARE

Bathing / Dressing  
Hairdressing / Skin Care  
Manicure / Pedicure  
Feeding / Diet Monitoring  
Exercise / Walking Program  
Monitoring Vital Signs & Medications  
Alzheimer's / Impaired Memory Cueing  
Assist at Medical Appointments  
Overnight Assistance  
Incontinence Management  
Physiotherapy / Reduce Risk of Falls  
Cardiac / Diabetes Care  
Post-Operative Care  
At Home Palliative / Cancer Care  
In-Hospital One-on-One Care



## EMOTIONAL & SOCIAL CARE

Provide a Friendly Face  
Reading Newspapers / Magazines  
Reassurance / TLC  
Playing Cards / Visiting Friends  
Going to the Movies  
Shopping / Sightseeing  
Prepare Afternoon Tea for Friends  
Conversation / Reminiscing  
Afternoon Drives  
Access Library Books / Videos / CDs  
Travel Companion

